# Dickinson County BRFSS Questionnaire

Section Section Section Section Section Section Section Section Section Section Section Section Section	2: 3: 4: 5: 6: 7: 8: 9: 10: 11: 12:	Health Care Hypertensio Cholesterol Diabetes Exercise Seat Belt U Tobacco Use Smokeless T Demographic Women's Hea Immunizatio HIV/AIDS	Access  n Awarenes  Awarenes   se  obacco  tth  n	SS			4 9 10 11 12 15 17 19 20 24 28
randomly	y by t	re the	sidents. to ask	Your	phon	e number ha: to l	lling for the practices of been chosen be included in angs people do
Is this				?	No	I seem to hawrong number possible that	ery much, but ave dialed the per, It's at your number ed at a later
Is this	a pri	ivate reside	nce?		No	we are only	ery much, but interviewing idences. Stop

Our study requires that we randomly select one adult who lives in your household to be interviewed. How many members of your household, including yourself, are 18 years of age or older?

- If "1" Are you the adult?
  - If "yes" Then you are the person I need to speak with. Go
     to page 3
  - If "no" May I speak with him or her? Go to "correct
     respondent" at bottom of page

How many of these adults are men and how many are women?

Who is the oldest man who presently lives in this household? Who is the next oldest man who presently lives in this household? **Etc.** 

Who is the oldest woman who presently lives in this household? Who is the next oldest woman who presently lives in this household? **Etc.** 

The person in your household that I need to speak with is \_\_\_\_\_.

If "you," go to page 3

To correct respondent

Hello, I'm calling for the \_I'm a member of a special research team. We're doing a study of \_residents regarding their health practices and day-to-day living habits. You have been randomly chosen to be included in the study from among the adult members of your household.

The interview will only take a short time, and all the information obtained in this study will be confidential.

#### Section 1: Health Status

1. Would you say that in general your health is:

#### Please Read

	a.	Excellent	1
	b.	Very good	2
	c.	Good	3
	d.	Fair <b>or</b>	4
	e.	Poor	5
Do not read these		Don't know/Not Sure	7
responses		Refused	9

#### Section 2: Health Care Access

2. Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicare?

a.	Yes	1
b.	No Go to Q. 4b (p. 6)	2
	Don't know/Not sure Go to Q. 7 (p. 7)	7
	Refused Go to Q. 7 (p. 7)	9

3. Do you have Medicare?

	a. Yes <b>Go to Q. 7 (p. 7)</b>	1
coverage plan for people 65	b. No	2
or over and for certain disabled	Don't know/not sure	7
people	Refused	9

4a. What type of health care coverage do you use to pay for most of your medical care?

# Is it coverage through: Please Read

Do not read these responses

a.	Your employer Go to Q. 6 (p. 7)	0 1
b.	Someone else's employer Go to Q. 6 (p. 7)	0 2
C.	A plan that you or someone else buys on your own Go to Q. 6 (p. 7)	0 3
d.	Medicare Go to Q. 6 (p. 7)	0 4
e.	Medicaid or Medical Assistance [or substitute state program name] Go to Q. 6 (p. 7)	0 5
f.	The military, CHAMPUS, or the VA [or CHAMP-VA] Go to Q. 6 (p. 7)	0 6
g.	The Indian Health Service [or the Alaska Native Health Service] Go to Q. 6 (p. 7) or	0 7
h.	Some other source Go to Q. 6 (p. 7)	0 8
	None Go to Q. 5 (p. 6)	8 8
	Don't know/Not sure Go to Q. 6 (p. 7)	7 7
	Refused Go to Q. 6 (p. 7)	9 9

4b. There are some types of coverage you may not have considered. Please tell me if you have any of the following:

# Coverage through: Please Read

If more than	a.	Your employer Go to Q.6 (p. 7)	0	1
one, ask "Which typeb. do you use to	Som	eone else's employer <b>Go to Q.6 (p. 7)</b>	0	2
pay for most of your medical care?"	for most c. A plan that you or someone else buys on your own Go to Q.6 (p. 7)		0	3
medical care;	d.	Medicare Go to Q.6 (p. 7)	0	4
	e.	Medicaid or Medical Assistance [or substitute state program name] Go to Q.6 (p. 7)	0	5
	f.	The military, CHAMPUS, or the VA [or CHAMP-VA] Go to Q.6 (p. 7)	0	6
	g.	The Indian Health Service [or the Alaska Native Health Service] Go to Q.6 (p. 7)	0	7
	h.	or Some other source Go to Q.6 (p. 7)	0	8
Do not		None	8	8
read these responses		Don't know/Not sure Go to Q. 7 (p. 7)	7	7
		Refused Go to Q. 7 (p. 7)	9	9

5.	About h	ow long has it been since you had health care	coverage?
		Read Only if Necessary	
	a.	Within the past 6 months (1 to 6 months ago) Go to Q. 7	1
	b.	Within the past year (6 to 12 months ago)  Go to Q. 7	2
	С.	Within the past 2 years (1 to 2 years ago)  Go to Q. 7	3
	d.	Within the past 5 years (2 to 5 years ago)  Go to Q. 7	4
	e.	5 or more years ago <b>Go to Q. 7</b>	5
		Don't know/Not sure Go to Q.7	7
		Never Go to Q. 7	8
		Refused Go to Q. 7	9
6.		the past 12 months, was there any time that you lth insurance or coverage?	did not have
	a.	Yes	1
	b.	No	2
		Don't know/Not sure	7
		Refused	9
7.		re a time during the last 12 months when you ne but could not because of the cost?	eded to see a
	a.	Yes	1
	b.	No	2
		Don't know/Not sure	7
		Refused	9

		re one particular doctor or health pro go to when you need routine medical care	
If "no," ask "Is there more	a.	Yes, only one	1
than one or is there no usual	b.	More than one	2
doctor who you go to?"	C.	No	3
<b>30 00.</b>		Don't know/Not sure	7
		Refused	9

9. About how long has it been since you last visited a doctor for a routine checkup?

# Read Only if Necessary

a.	Within the past year (1 to 12 months ago)	1					
b.	Within the past 2 years (1 to 2 years ago)	2					
c.	Within the past 5 years (2 to 5 years ago)	3					
d.	5 or more years ago	4					
	Don't know/Not sure						
	Never	8					
	Refused	9					

#### Section 3: Hypertension Awareness

10. About how long has it been since you last had your blood pressure taken by a doctor, nurse, or other health professional?

#### Read Only if Necessary

a.	Within the past 6 months (1 to 6 months ago)	1
b.	Within the past year (6 to 12 months ago)	2
c.	Within the past 2 years (1 to 2 years ago)	3
d.	Within the past 5 years (2 to 5 years ago)	4
e.	5 or more years ago	5
	Don't know/Not sure	7
	Never Go to Q. 13 (p. 10)	8
	Refused	9

11. Have you ever been told by a doctor, nurse, or other health professional that you have high blood pressure?

a.	Yes	1
b.	No Go to Q. 13 (p. 10)	2
	Don't know/Not sure Go to Q. 13 (p. 10)	7
	Refused Go to Q. 13 (p. 10)	9

12. Have you been told on more than one occasion that your blood pressure was high, or have you been told this only once?

a.	More than once	1
b.	Only once	2
	Don't know/Not sure	7
	Refused	9

# Section 4: Cholesterol Awareness

13.		holesterol is a fatty substance found in the blo d your blood cholesterol checked?	ood. Have you (48)
	a.	Yes	1
	b.	No Go to Q. 16 (p. 11)	2
		Don't know/Not sure Go to Q. 16 (p. 11)	7
		Refused Go to Q. 16 (p. 11)	9
14.	About h	ow long has it been since you last had your bloom?	d cholesterol (49)
		Read Only if Necessary	
	a.	Within the past year (1 to 12 months ago)	1
	b.	Within the past 2 years (1 to 2 years ago)	2
	C.	Within the past 5 years (2 to 5 years ago)	3
	d.	5 or more years ago	4
		Don't know/Not sure	7
		Refused	9
15.		ou ever been told by a doctor or other health ur blood cholesterol is high?	professional (50)
	a.	Yes	1
	b.	No	2
		Don't know/Not sure	7
		Refused	9

# Section 5: Diabetes

16.	Have	you	ever	been	told	by	а	doctor	that	you	have	diabetes?
												(51)

If "Yes" and female, ask "Was this	a.	Yes	1
only when	b.	Yes, but female told only during pregnancy	2
you were pregnant?"	C.	No	3
		Don't know/Not sure	7
		Refused	9

# Section 6: Exercise

The	next	few	questio	ns ai	re	about	exe	rcise,	recreation,	or	physical
acti	vities	oth	er than	your	re	egular	job	duties.			

			other than your regular job duties.	Or ]	pnysical
1		activit	the past month, did you participate in ties or exercises such as running, calisth ing, or walking for exercise?		, golf
		a.	Yes	1	
		b.	No Go to Q. 27 (p. 15)	2	
			Don't know/Not sure Go to Q. 27 (p. 15)	7	
			Refused Go to Q. 27 (p. 15)	9	
1	<sub>-</sub> 8.		ype of physical activity or exercise did you spoing during the past month?		the most 3-54)
			Activity (specify):See coding list A		
			Refused Go to Q. 22 (p. 13)	9	9
			only if answer to Q. 18 is running, jogging, All others, go to Q. 20.	walk	ting, o
1	9.	How far	r did you usually walk/run/jog/swim?	(5	5-57)
See co			Miles and tenths		•
respon	ıse	is	Don't know/Not sure	7	7 7
not in and te			Refused	9	9 9
2	20.		ny times per week or per month did you take ty during the past month?		in this 8-60)
		a.	Times per week	1	
		b.	Times per month	2	
			Don't know/Not sure Refused	7 9	7 7 9 9

	n you took part in this activity, for how many id you usually keep at it?		utes 63)	
	Hours and minutes		:	
	Don't know/Not sure	7	7	7
	Refused	9	9	9
	ere another physical activity or exercise pated in during the last month?	th:		you
a.	Yes	1		
b.	No Go to Q. 27 (p. 15)	2		
	Don't know/Not sure Go to Q. 27 (p. 15)	7		
	Refused Go to Q. 27 (p. 15)	9		
	ner type of physical activity gave you the next mo		exero	
	Activity (specify):  See coding list A			
	Refused Go to Q. 27 (p. 15)	9	9	
	only if answer to Q. 23 is running, jogging, wall others go to Q25 (p. 14).	alk:	ing,	or
24. How far	did you usually walk/run/jog/swim?	(67	-69)	
See coding list B if response is	Miles and tenths			
not in miles and	Don't know/Not sure	7	7	7
tenths	Refused	9	9	9

25.	How mar	ny times per week or per month did you take pa y?		in t -72)	his				
	a.	Times per week	1						
	b. Times per month								
	7	7	7						
	Refused								
26.	26. And when you took part in this activity, for how many hours did you usually keep at it?								
		Hours and minutes		:					
		Don't know/Not sure	7	7	7				
	Refused								

# Section 7: Seat Belt Use

	27.	How oft	en do you use seatbelts when you drive or ride i	n a (76		•
		Would y	vou say: Please Read	( / 0	,	
		a.	Always	1		
		b.	Nearly Always	2		
		C.	Sometimes	3		
		d.	Seldom	4		
		e.	or Never	5		
Do not			Don't know/Not sure	7		
read respo			Never drive or ride in a car	8		
			Refused	9		
Code		What is of 16?	the age of the oldest child in your household ur (77-78)	ıder	the	age
<1 yr		a.	Code age in years			
ab (	<i>,</i> –	b.	No children under age 16 Go to Q. 30 (p. 16)	8	8	
			Don't know/Not sure Go to Q. 30 (p. 16)	7	7	
			Refused Go to Q. 30 (p. 16)	9	9	

29.		en does the <b>[fill in age from Q. 22]</b> -year-old ld use a	child in your (79)
	car saf	ety seat [for child under 5]	
	seatbel	t [for child 5 or older]	
	when	they ride in a car?	
	Would y	ou say: Please Read	
	a.	Always	1
	b.	Nearly always	2
	c.	Sometimes	3
	d.	Seldom	4
	e.	or Never	5
Do not		Don't know/Not sure	7
read the response		Never rides in a car	8
		Refused	9

# Section 8: Tobacco Use

30.	Have you smoked at least 100 cigarettes in your entire l							
5 packs = 100	a. Yes	1						
ciga- rettes	b. No <b>Go to Q. 35 (p. 19)</b>	2						
	Don't know/Not sure Go to Q. 35 (p. 19)	7						
	Refused <b>Go to Q. 35 (p. 19)</b>	9						
31.	Do you now smoke cigarettes everyday, some days, or not	at a (81)						
	a. Everyday	1						
	b. Some days <b>Go to Q. 32a</b>	2						
	c. Not at all <b>Go to Q. 34 (p. 18)</b>	3						
	Refused Go to Q. 35 (p. 19)	9						
32.	On the average, about how many cigarettes a day do you n	ow s						
1 pack = 20	Number of cigarettes Go to Q. 33 (p. 18)							
ciga- rettes	Don't know/Not sure Go to Q. 33 (p. 18)	7	7					
	Refused Go to Q. 33 (p. 18)	9	9					
32a <b>1 pack</b>		lays, (84-						
= 20 ciga-	Number of cigarettes Go to Q. 35 (p. 19)							
rettes	Don't know/Not sure Go to Q. 35 (p. 19)	7	7					
	Refused Go to Q. 35 (p. 19)	9	9					

33. During the past 12 mon- longer?	ths, have you quit smoking for	1 day or (86)
a. Yes Go to Q. 35	(p. 19)	1
b. No <b>Go to Q. 35</b> (	p. 19)	2
Don't know/Not s	ure <b>Go to Q. 35 (p. 19)</b>	7
Refused Go to Q.	35 (p. 19)	9
34. About how long has it regularly, that is, dail	been since you last smoked y?	cigarettes (87-88)
Read Only if Nec	essary	
a. Within the past	month (0 to 1 month ago)	0 1
b. Within the past	3 months (1 to 3 months ago)	0 2
c. Within the past	6 months (3 to 6 months ago)	0 3
d. Within the past	year (6 to 12 months ago)	0 4
e. Within the past	5 years (1 to 5 years ago)	0 5
f. Within the past	15 years (5 to 15 years ago)	0 6
g. 15 or more years	ago	0 7
Don't know/Not s	ure	7 7
Never smoked reg	rularly	8 8
Refused		9 9

#### Section 9: Smokeless Tobacco Use

35.	Have you	ever	used	or	tried	any	smokeless	tobacco	products	such	as
chewing tobacco or snuff?									(89	9)	

Probe for chewing	a.	Yes, chewing tobacco	1
tobacco, snuff,	b.	Yes, snuff	2
or both	C.	Yes, both	3
	d.	No, neither <b>Go to Q. 37 (p. 20)</b>	4
		Don't know/Not sure Go to Q. 37 (p. 20)	7
		Refused <b>Go to Q. 37 (p. 20)</b>	9

36. Do you currently use any smokeless tobacco products such as chewing tobacco or snuff? (90)

"Yes" includes	a.	Yes, chewing tobacco	1
occa- sional	b.	Yes, snuff	2
use	c.	Yes, both	3
	d.	No, neither	4
		Don't know/Not sure	7
		Refused	9

# Section 10: Demographics

37	. Wha	t is	your age?	(91	-92)
			Code age in years		
			Don't know/Not sure	0	7
			Refused	0	9
38	. Wha	t is	your race?	(93	)
	Wou	ld y	ou say: Please Read		
		a.	White	1	
		b.	Black	2	
		c.	Asian, Pacific Islander	3	
		d.	American Indian, Alaska Native	4	
		e.	Other: (specify)	5	
Do not read the	222		Don't know/Not sure	7	
response			Refused	9	
39	. Are	you	of Spanish or Hispanic origin?	(94	)
		a.	Yes	1	
		b.	No	2	
			Don't know/Not sure	7	
			Refused	9	

40. Are you:			(95)	)
		Please Read		
	a.	Married	1	
	b.	Divorced	2	
	c.	Widowed	3	
	d.	Separated	4	
	e.	Never been married or	5	
	f.	A member of an unmarried couple	6	
		Refused	9	
41. How	man	y children live in your household who are		
		Please Read		
Code 1-9 7 = 7 or more	a.	less than 5 years old?		(96)
8 = None 9 = Refused	b.	5 through 12 years old?		(97)
J = Kerubea	C.	13 through 17 years old?		(98)
42. Wha	t is	the highest grade or year of school you complet		
		Read Only if Necessary	(99)	)
	a.	Never attended school or only kindergarten	1	
	b.	Grades 1 through 8 (Elementary)	2	
	c.	Grades 9 through 11 (Some high school)	3	
	d.	Grade 12 or GED (High school graduate)	4	
	e.	College 1 year to 3 years (Some college or technical school)	5	
	f.	College 4 years or more (College graduate)	6	
		Refused	9	

	43.	Are	you	currently:	(100)									
				Please Read										
			a.	Employed for wages	1									
			b.	Self-employed	2									
			C.	Out of work for more than 1 year	3									
			d.	Out of work for less than 1 year	4									
			e.	Homemaker	5									
			f.	Student	6									
			g.	Retired or	7									
			h.	Unable to work	8									
				Refused	9									
	44.	Is	your	annual household income from all sources:	(101-102)									
				Read as Appropriate										
If res-		a. (\$2		s than \$25,000 <b>If "no," ask e; if "yes," ask b</b> 0 to less than \$25,000)	0 4									
refuses at any income	esb.	esb.	es b. Y	ses b. ny	ses b . .ny	ses b. ny	ses b. ny	es b. Y	ses b. ny	ses b . .ny	Les		an \$20,000 <b>If "no," code a; if "yes," ask c</b> 5,000 to less than \$20,000)	0 3
level, code refused		С.		s than \$15,000 <b>If "no," code b; if "yes," ask d</b> 0,000 to less than \$15,000)	0 2									
1014504		d.	Les	s than \$10,000 <b>If "no," code c</b>	0 1									
		e.		s than \$35,000 <b>If "no," ask f</b> 5,000 to less than \$35,000)	0 5									
		f.		s than \$50,000 <b>If "no," ask g</b> 5,000 to less than \$50,000)	0 6									
		g.		s than \$75,000 <b>If "no," code h</b> 0,000 to \$75,000)	0 7									
	ot		o not				h.		,000 or more 't know/Not sure	0 8 7 7				
		these onses		used	9 9									

	45.	About	t h	ow much do you weigh without shoes?	(10	3-1	05)			
Round Weight fractions							s			
up				Don't know/Not sure	7	7	7			
				Refused	9	9	9			
	46.	About	t h	ow tall are you without shoes?	(10	6-1	08)			
Round fraction	tions	5		Height						
down				Don't know/Not sure	7	7	7			
				Refused	9	9	9			
	47.	What	is	your zip code?	(10	9-1	13)			
	Zip code									
	Don't know/not sure Refused					7	7 7			
						9	9 9			
	48.	_		have more than one telephone number in your house	(11					
			а.	Yes	1					
		j	b.	No Go to Q. 50	2					
				Refused Go to Q. 50	9					
	49.	How t	man	y residential telephone numbers do you have?	(11	5)				
Excl:				Total telephone numbers [8=8 or more]						
	computer				9					
	50.	Indi	cat	e sex of respondent. Ask Only if Necessary	(11	.6)				
				Male Go to Q. 62 (p. 28)	1					
				Female	2					

7

9

# Section 11: Women's Health

These ne	xt f	ew questions ask about medical exams you may have	e received.
		gram is an x-ray of each breast to look for brea l ever had a mammogram?	ast cancer. (117)
	a.	Yes	1
]	b.	No Go to Q. 54 (p. 25)	2
		Don't know/Not sure Go to Q. 54 (p. 25)	7
		Refused Go to Q. 54 (p. 25)	9
52. How	long	g has it been since you had your last mammogram?  Read only if Necessary	(118)
i	a.	Within the past year (1 to 12 months ago)	1
]	b.	Within the past 2 years (1 to 2 years ago)	2
	c.	Within the past 3 years (2 to 3 years ago)	3
	d.	Within the past 5 years (3 to 5 years ago)	4
	e.	5 or more years ago	5
		Don't know/Not sure	7
		Refused	9
of a	bre	r last mammogram done as part of a routine checkueast problem other than cancer, or because you've cancer?	
	a.	Routine checkup	1
]	b.	Breast problem other than cancer	2
	c.	Had breast cancer	3

Don't know/Not sure

Refused

54.	pro	fess	cal breast exam is when a doctor, hurse, or of ional feels the breast for lumps. Have you l breast exam?	
		a.	Yes	1
		b.	No Go to Q. 58 (p. 26)	2
			Don't know/Not sure Go to Q. 58 (p. 26)	7
			Refused Go to Q. 58 (p. 26)	9
55.	How	long	g has it been since your last breast exam?	(121)
			Read Only if Necessary	
		a.	Within the past year (1 to 12 months ago)	1
		b.	Within the past 2 years (1 to 2 years ago)	2
		C.	Within the past 3 years (2 to 3 years ago)	3
		d.	Within the past 5 years (3 to 5 years ago)	4
		e.	5 or more years ago	5
			Don't know/Not sure	7
			Refused	9
56.	of a	a bre	r last breast exam done as part of a routine check east problem other than cancer, or because you've cancer?	
		a.	Routine Checkup	1
		b.	Breast problem other than cancer	2
		c.	Had breast cancer	3
			Don't know/Not sure	7
			Refused	9

57.	A Pap Pap sm	smear is a test for cancer of the cervix. Have you ear?	ever had a (123)
	a.	Yes	1
	b.	No Go to Q. 60 (p. 27)	2
		Don't know/Not sure Go to Q. 60 (p. 27)	7
		Refused Go to Q. 60 (p. 27)	9
58.	How lo	ng has it been since you had your last Pap smear?	
		Read Only if Necessary	(124)
	a.	Within the past year (1 to 12 months ago)	1
	b.	Within the past 2 years (1 to 2 years ago)	2
	C.	Within the past 3 years (2 to 3 years ago)	3
	d.	Within the past 5 years (3 to 5 years ago)	4
	e.	5 or more years ago	5
		Don't know/Not sure	7
		Refused	9
59.		ur last Pap smear done as part of a routine exam, ent or previous problem?	or to check (125)
	a.	Routine exam	1
	b.	Check current or previous problem	2
		Other	3
		Don't know/Not sure	7
		Refused	9

6	0. Have	you	ı had a hysterectomy?	(126)
7 h		a.	Yes Go to Q. 62 (p. 28)	1
A hystere tomy is a	ın	b.	No	2
operation to remove	the		Don't know/Not sure	7
uterus (w	/OIII <i>D</i> /		Refused	9
I	f respo	nder	nt 45 years old or older, go to Q. 62 (p. 28).	
6	1. То у	our	knowledge, are you now pregnant?	(127)
		a.	Yes	1
		b.	No	2
			Don't know/Not sure	7
			Refused	9

# Section 12: Immunization

62.	During	the past 12 months, have you had a flu shot?	(128)
	a.	Yes	1
	b.	No	2
		Don't know/Not sure	7
		Refused	9
63.	Have yo	ou ever had a pneumonia vaccination?	(129)
	a.	Yes	1
	b.	No	2
		Don't know/Not sure	7
		Refused	9

#### Section 13: HIV/AIDS

#### If respondent is 65 years old or older, go to Section 14 (p. 33).

The next few questions are about the national health problem of HIV, the virus that causes AIDS. Please remember that your answers are strictly confidential and that you don't have to answer every question if you don't want to.

64. What are your chances of getting infected with HIV, the virus that causes AIDS? (130)

	Wou	ald you say: Please Read	
	a.	High	1
	b.	Medium	2
	C.	Low or	3
	d.	None	4
Do not		Not applicable (Have HIV) Go to Q. 66 (p. 29)	5
read these responses		Don't know/Not sure	7
гевропвев		Refused	9
65. Hav	re yo	ou ever had your blood tested for HIV?	(131)
	a.	Yes	1
	b.	No Go to Q. 70 (p. 33)	2
		Don't know/Not sure Go to Q. 70 (p. 33)	7
		Refused Go to Q. 70 (p. 33)	9
66. Whe	en wa	s your last blood test for HIV?	(132-135)
		Code month and year Don't know/Not sure	${7} {7} {7} 7 7 7$
		Refused	9 9 9 9

# 67. What was the main reason you had your last blood test for HIV? (136-137)

#### Reason code

# Read only if necessary

a.	For hospitalization or surgical procedure	0	1
b.	To apply for health insurance	0	2
c.	To apply for life insurance	0	3
d.	For employment	0	4
e.	To apply for a marriage license	0	5
f.	For military induction or military service	0	6
g.	For immigration	0	7
h.	Just to find out if you were infected	0	8
i.	Because of referral by a doctor	0	9
j.	Because of pregnancy	1	0
k.	Referred by your sex partner	1	1
1.	Because it was part of a blood donation process	1	2
m.	For routine check-up	1	3
n.	Because of occupational exposure	1	4
ο.	Because of illness	1	5
p.	Because I am at risk for HIV	1	6
q.	Other	8	7
	Don't know/Not sure	7	7
	Refused	9	9

68. Where	did you have your last blood test for HIV?	(138-139)
	Facility Code	
	Read only if necessary	
a.	Private doctor, HMO	0 1
b.	Blood bank, plasma center, Red Cross	0 2
C.	Health department	0 3
d.	AIDS clinic, counseling, testing site	0 4
e.	Hospital, emergency room, outpatient clinic	0 5
f.	Family planning clinic	0 6
g.	Prenatal clinic, obstetrician's office	0 7
h.	Tuberculosis clinic	0 8
i.	STD clinic	0 9
j.	Community health clinic	1 0
k.	Clinic run by employer	1 1
1.	Insurance company clinic	1 2
m.	Other public clinic	1 3
n.	Drug treatment facility	1 4
0.	Military induction or military service site	1 5
p.	Immigration site	1 6
q.	At home, home visit by nurse or health worker	1 7
r.	At home using self-sampling kit	1 8
s.	In jail or prison	1 9
t.	Other	8 7
	Don't know/Not sure	7 7
	Refused	9 9

69.	Did	you	receive	the	results	of	your	last	test?	(140)
		a.	Yes							1
		b.	No							2
			Don't kr	now/1	Not sure					7
			Refused							9

# Section 14: Quality of Life

These next questions are about limitations you may have in your daily life.

70.	Are	you	limi	ted	in	any	way	in	any	activities	because	of	any
	impairment or health problem?								(14	11)			

a.	Yes	1
b.	No Go to Q. 75	2
	Don't know/Not sure Go to Q. 75	7
	Refused Go to Q. 75	9

71. What is the major impairment or health problem that limits your activities? (142-143)

a.	Arthritis/rheumatism	0	1
b.	Back or neck problem	0	2
c.	Fractures, bone/joint injury	0	3
d.	Walking problem	0	4
e.	Lung/breathing problem	0	5
f.	Hearing problem	0	6
g.	Eye/vision problem	0	7
h.	Heart problem	0	8
i.	Stroke problem	0	9
j.	Hypertension/high blood pressure	1	0
k.	Diabetes	1	1
1.	Cancer	1	2
m.	Depression/anxiety/emotional problem	1	3
n.	Other impairment/problem	1	4
	Don't know/Not sure	7	7
	Refused	9	9

72.			long have your activities been limited because of ent or health problem?			major 145)
		a.	Days	1		
		b.	Weeks	2		
		c.	Months	3		
		d.	Years	4		
			Don't know/Not Sure	7	7	7
			Refused	9	9	9
73.	oth	er p	of any impairment or health problem, do you need persons with your PERSONAL CARE needs, such dressing, or getting around the house?		eat	
		a.	Yes	1		
		b.	No	2		
			Don't know/Not sure	7		
			Refused	9		
74.	othe hous	er p sehol	of any impairment or health problem, do you need ersons in handling your ROUTINE needs, such ald chores, doing necessary business, shopping, for other purposes?	s e	eve: get	ryday
		a.	Yes	1		
		b.	No	2		
			Don't know/Not sure	7		
			Refused	9		

75.	hard fo	the past 30 days, for about how many days did por you to do your usual activities, such as self- reation?	car	
	a.	Number of days		
	b.	None	8	8
		Don't know/Not sure	7	7
		Refused	9	9
76.		the past 30 days, for about how many days have your depressed?		elt sad, 50-151)
	a.	Number of days		
	b.	None	8	8
		Don't know/Not sure	7	7
		Refused	9	9
77.		the past 30 days, for about how many days ha		you felt 52-153)
	a.	Number of days		
	b.	None	8	8
		Don't know/Not sure	7	7
		Refused	9	9
78.		the past 30 days, for about how many days have yaget enough rest or sleep?		felt you 54-155)
	a.	Number of days		
	b.	None	8	8
		Don't know/Not sure	7	7
		Refused	9	9

79. During the past 30 days, for about how many days have you felt very healthy and full of energy? (156-157)

a.	Number of days		_
b.	None	8	8
	Don't know/Not sure	7	7
	Refused	9	9

### Module 1: Health Care Coverage

If "Dk/Ns" or "Refused" to core Q. 2, go to next module.

I asked you previously about your health care coverage.

# If "None" to core Q. 4a or core Q. 4b, continue. Otherwise, go to O. 2.

- 1. What is the main reason you are without health care coverage?
  - Lost job or changed employers a. Go to Next Module 0 1 Spouse or parent lost job or changed employers [includes any person who had been providing insurance prior to job loss or change] 0 2 Go to Next Module Became divorced or separated Go to Next C. Module 0 3 d. Spouse or parent died Go to Next Module 0 4 Became ineligible because of age or because e. left school Go to Next Module 0 5 Employer doesn't offer or stopped offering coverage Go to Next Module 0 6 g. Cut back to part time or became temporary employee Go to Next Module 0 7 h. Benefits from employer or former employer ran out Go to Next Module 0 8 i. Couldn't afford to pay the premiums Go to Next Module 0 9 Insurance company refused coverage Go to Next Module 1 0 Lost Medicaid or Medical Assistance eligibility k. Go to Next Module 1 1 1. Other Go to Next Module 8 7 Don't know/Not sure Go to Next Module 7 7 Refused Go to Next Module 9 9

2. Other than [fill in type (Medicare/Medicaid/the health coverage which pays for most of your medical care) from core Q. 3, Q. 4a, or Q. 4b], do you have any other type of health care coverage?

Do not include plans that	a.	Yes 1	
only cover one type of	:	b. No	2
service or care	•	Don't know/Not sure	7
		Refused	9

If respondent 66 years old or older, go to next module. If respondent answered "no", "don't know", or "refused" to core Q. 6 the go to next module.

3. What was the main reason you were without health care coverage?

a.	Lost job or changed employers	0	1
b.	Spouse or parent lost job or changed employers [includes any person who had been providing insurance prior to job loss or change]	0	2
c.	Became divorced or separated	0	3
d.	Spouse or parent died	0	4
e.	Became ineligible because of age or because left school	0	5
f.	Employer doesn't offer or stopped offering coverage	0	6
g.	Cut back to part time or became temporary employee	0	7
h.	Benefits from employer or former employer ran out	0	8
i.	Couldn't afford to pay the premiums	0	9
j.	Insurance company refused coverage	1	0
k.	Lost Medicaid or Medical Assistance eligibility	1	1
1.	Other	8	7
	Don't know/Not sure	7	7
	Refused	9	9

# County-added Module 2: Mental Health

These	last	few	questions	ask	about	your	mental	health.	
-------	------	-----	-----------	-----	-------	------	--------	---------	--

1.		<pre>past year, did you think about seeking help for any personal or emotional problems?</pre>	p from family or
	a.	Yes	1
	b.	No	2
		Don't know/Not Sure	7
		Refused	9
2.		past year, did you think about seeking help for or self-help group for any personal or emo	
	a.	Yes	1
	b.	No	2
		Don't know/Not Sure	7
		Refused	9
3.	During depress		you might have
	a.	Yes	1
	b.	No Go to Q. 7	2
		Don't know/Not Sure Go to Q. 7	7
		Refused Go to Q. 7	9
4.	During	the past five years have you been diagnosed	with depression?
	a.	Yes	1
	b.	No Go to Q. 7	2
		Don't know/Not Sure Go to Q. 7	7
		Refused Go to Q. 7	9

5.	Did	you	receive treatment for your depression?			
		a.	Yes	1		
		b.	No Go to Q. 7	2		
			Don't know/Not Sure Go to Q. 7	7		
			Refused Go to Q. 7	9		
6.	Who	tre	ated you for depression?			
			Read only if necessary			
	a.	Psy	chologist		0	1
	b.	Psy	chiatrist		0	2
	C.	Fam	ily doctor		0	3
	d.	Men	tal health center		0	4
	e.	Sel	f-help group		0	5
	f.	Fam	ily or Friends		0	6
	g.	Past	tor, priest, rabbi or other religious counselor		0	7
	h.	Oth	er (specify:)		0	8
		Don	't know/Not sure		7	7
		Ref	used		9	9
7.	Have dur	e yo ing t	u needed treatment for any personal or emotionath	al	prob	lems
		a.	Yes	1		
		b.	No Go to Q. 9	2		
			Don't know/Not Sure Go to Q. 9	7		
			Refused Go to Q. 9	9		

8. Why were you unable to get treatment for your personal or emotional problem?

# Read only if necessary

	a.	Cost/Couldn't afford/Insurance would not cover	1	
	b.	Lack transportation	2	
	c.	No place was close enough/available/convenient	3	
	d.	Do not know where to go	4	
	e.	Do not trust psychiatrists/psychologist/doctors	5	
	f.	Embarrassed/Stigmatism	6	
		Don't know/Nots sure	7	
		Refused	9	
9.		you or someone in your family needed treatment for a lth problem where would you go for help?	me	ntal
	a.	Central Kansas Mental Health Center	0	1
	b.	Psychologist	0	2
	c.	Psychiatrist	0	3
	d.	Family doctor	0	4
	e.	Mental health center	0	5
	f.	Self-help group	0	6
	g.	Family or Friends	0	7
	h.	Pastor, priest, rabbi or other religious counselor	0	8
	i.	State Hospital	0	9
	j.	Local hospital	1	0
	k.	Other (specify:)	1	1
		Don't know/Not sure	7	7
		Refused	9	9

# Module 9: Alcohol Consumption

1.		the past month, have you had at least one dric beverage such as beer, wine, wine coolers, or		
	a.	Yes	1	
	b.	No Go to Q. 6	2	
		Don't know/Not sure Go to Q. 6	7	
		Refused Go to Q. 6	9	
2.		the past month, how many days per week or per mony alcoholic beverages, on the average?	nth (	did you
	a.	Days per week	1	
	b.	Days per month	2	
		Don't know/Not sure Go to Q. 4	7	7 7
		Refused Go to Q. 4	9	9 9
3.	of wine	is 1 can or bottle of beer, 1 glass of wine, 1 can cooler, 1 cocktail, or 1 shot of liquor. On the nk, about how many drinks did you drink on the a	e da	ys when
		Don't know/Not sure	7	7
		Refused	9	9
4.	the pas	ring all types of alcoholic beverages, how many to the month did you have 5 or more drinks on an occa		
	a.	Number of times		
	b.	None	8	8
		Don't know/Not sure	7	7
		Refused	9	9

7

9

	a.	Number of times				
	b.	None		8	8	
		Don't know/Not sure		7	7	
		Refused		9	9	
6.		currently know someone who uses na, heroin, cocaine, or speed?	illegal	drugs	such	as
	a.	Yes		1		
	b.	No		2		

Don't know/Not Sure

Refused

5. During the past month, how many times have you driven when you've had perhaps too much to drink?

### Module 25: Health of Children

# If core questions Q. 41a, Q. 41b, and Q. 41c are all "None" then go to the Next Module.

These next few questions will focus on the health of children.

- 1. What is the age of the youngest child in your household?
  - a. Age

Don't Know/Not Sure	7	7
No Children Under Age 18 Go to Next Module	8	8
Refused	9	9

2. All of our questions will focus on the youngest child who lives in your household. How is the youngest child in your household related to you?

a.	Daughter	0	1
b.	Stepdaughter	0	2
c.	Son	0	3
d.	Stepson	0	4
e.	Brother or Stepbrother	0	5
f.	Sister or Stepsister	0	6
g.	Grandson	0	7
h.	Granddaughter	0	8
i.	Other (specify)	0	9
	Don't Know/Not Sure	7	7
	Refused	9	9

3. Would you say that in general the youngest child's health is:

# Please Read

a.	Excellent	1
b.	Very Good	2
C.	Good	3
d.	Fair or	4
e.	Poor	5
	Don't Know/Not Sure	7
	Refused	9

4. Is the youngest child limited in any way in any activities because of any impairment or health problem?

a.	Yes	1
b.	No	2
	Don't know/Not sure	7
	Refused	9

5. About how long has it been since the youngest child last visited a doctor for a routine checkup?

# Read only if necessary

a.	Within the past year (1 to 12 months ago)	1
b.	Within the past 2 years (1 to 2 years ago)	2
C.	Within the past 5 years (2 to 5 years ago)	3
d.	5 or more years ago	4
	Don't know/Not sure	7
	Never	8
	Refused	9

6.	ngest child st?		
	ć	a. Yes	1
	k	o. No	2
		Don't know/Not sure	7
		Refused	9
7.	other	nere one particular clinic, health center, doctor's place that you usually go to if the youngest child need advice about the youngest child's health	
	a. 3	l'es	1
	b. N	More than one place	2
	c. 1	No	3
	Ι	Don't Know/Not Sure	7
	I	Refused	9
8.	inclu	the youngest child have any kind of health care ading health insurance, prepaid plans such as rnment plans such as Medicare?	_
	ć	a. Yes	1
	k	o. No <b>Go to Q. 10</b>	2
		Don't know/Not sure Go to Q. 11	7
		Refused Go to Q. 11	9

9. What type of health care coverage do you use to pay for most of the youngest child's medical care?

# Is it coverage through: Please Read

Do not read these responses

a.	Your employer Go to Q. 11	0	1
b.	Someone else's employer Go to Q. 11	0	2
C.	A plan that you or someone else buys on your own <b>Go to Q. 11</b>	0	3
d.	Medicare Go to Q. 11	0	4
e.	Medicaid or Medical Assistance [or substitute state program name] Go to Q. 11	0	5
f.	The military, CHAMPUS, or the VA [or CHAMP-VA] Go to Q. 11	0	6
g.	The Indian Health Service [or the Alaska Native Health Service] Go to Q. 11 or	0	7
h.	Some other source Go to Q. 11	0	8
	None Go to Q. 10	8	8
	Don't know/Not sure Go to Q. 11	7	7
	Refused Go to Q. 11	9	9

10. There are some types of coverage you may not have considered. Please tell me if the youngest child may have any of the following:

# Coverage through: Please Read

If more than one, ask "Which type b.		Your employer eone else's employer		1
do you use to	c.	A plan that you or someone else buys on rown		3
medical care:	d.	Medicare	0	4
	e.	Medicaid or Medical Assistance [or substitute state program name]	0	5
	f.	The military, CHAMPUS, or the VA [or CHAMP-VA]	0	6
	g.	The Indian Health Service [or the Alaska Native Health Service] or	0	7
	h.	Some other source	0	8
Do not read these		None	8	8
read these responses		Don't know/Not sure	7	7
		Refused	9	9

11. Did anyone in this household get food stamps at any time during the last 12 months?

a.	Yes	1
b.	No	2
	Don't know/Not sure	7
	Refused	9

# If the respondent is male and Q.2 is "Son", "Stepson", "Daughter" or "Stepdaughter" then go to Q. 13.

12.	Does	the	youngest	child's	father	live	in	this	household?
-----	------	-----	----------	---------	--------	------	----	------	------------

a.	No	1
b.	Yes, Father	2
c.	Yes, Stepfather or adoptive father	3
	Don't know/Not sure	7
	Refused	9

# If the respondent is female and Q.2 is "Son", "Stepson", "Daughter" or "Stepdaughter" then go to the Next Module.

13. Does the youngest child's mother live in this household?

a.	No	1
b.	Yes, Mother	2
c.	Yes, Stepmother or adoptive mother	3
	Don't know/Not sure	7
	Refused	9

### Module 2: Health Care Utilization

Now I am going to ask you some questions about the health care you receive.

1. How would you rate your satisfaction with your overall health care?

# Would you say: Please read

Do not read these responses

a.	Excellent	1
b.	Very Good	2
c.	Good	3
d.	Fair	4
e.	or Poor	5
	Not applicable/don't use any health services	8
	Don't know/Not sure	7
	Refused	9

2. Is there one particular clinic, health center, doctor's office, or other place that you usually go to if you are sick or need advice about your health?

a.	Yes Go to Q. 5	1
b.	More than one place Go to Q. 4	2
c.	No	3
	Don't know/Not sure Go to Next Module	7
	Refused Go to Next Module	9

3.	What is care?	the main reason you do not have a usual source	of medical
	a.	Two or more usual places Go to Next Module	0 1
	b.	Have not needed a doctor Go to Next Module	0 2
	C.	Do not like/trust/believe in doctors Go to Next Module	0 3
	d.	Do not know where to go Go to Next Module	0 4
	e.	Previous doctor is not available/moved Go to Next Module	0 5
	f.	No insurance/cannot afford Go to Next Module	0 6
	g.	Speak a different language Go to Next Module	0 7
	h.	No place is available/close enough/convenient Go to Next Module	0 8
	i.	Other Go to Next Module	0 9
		Don't know/Not sure Go to Next Module	7 7
		Refused Go to Next Module	9 9
4.		e one of these places that you go to most often w need advice about your health?	hen you are
	a.	Yes	1
	b.	No Go to Next Module	2
		Don't know/Not sure Go to Next Module	7
		Refused Go to Next Module	9

9

			52
5.		nd of place is it a clinic, a health center, a s office, or some other place?	a hospital, a
	a.	Doctor's office or private clinic	0 1
	b.	Company or school health clinic/center	0 2
	C.	Community/migrant/rural clinic/center	0 3
	d.	County/city/public hospital outpatient clinic	0 4
	e.	Private/other hospital outpatient clinic	0 5
	f.	Hospital emergency room	0 6
	g.	HMO/prepaid group	0 7
	h.	Psychiatric hospital or clinic	0 8
	i.	VA hospital or clinic	0 9
	j.	Military health care facility	1 0
	k.	Some other kind of place	1 1
		Don't know/Not sure	7 7
		Refused	9 9
6.	usually	g of the distance or time you travel to get to t go to, how would you rate the convenience of t ou say: <b>Please read</b>	
	a.	Excellent	1
	b.	Very Good	2
	c.	Good	3
	d.	Fair	4
	e.	or Poor	5
Do not		Don't have usual place	6
read these responses		Don't know/Not sure	7

Refused

# 7. When did you last change doctors?

# Read only if necessary

"Doctor		a.	Within the past year (1 to 12 months ago)	1
include health profess		b.	Within the past 2 years (1 to 2 years ago)	2
process	lonals	c.	Within the past 3 years (2 to 3 years ago)	3
		d.	Within the past 5 years (3 to 5 years ago)	4
		e.	5 or more years ago	5
		f.	Never Go to Next Module	8
			Don't know/Not sure Go to Next Module	7
			Refused Go to Next Module	9
	8. Why	did	you change doctors that last time?	
"Doctor		a.	Changed residence or moved	0 1
include:		b.	Changed jobs	0 2
profess	ionals	c.	Changed health care coverage	0 3
		d.	Provider moved or retired	0 4
		e.	Dissatisfied with former provider or liked new provider better	0 5
		f.	Former provider no longer reimbursed by my health care coverage	0 6
		g.	Owed money to former provider	0 7
		h.	Medical care needs changed	0 8
		i.	Other	8 7
			Don't know/Not sure	7 7
			Refused	9 9

# Module 12: Family Planning

# If respondent is male or age 45 years old or older, go to next module

The next few questions ask about pregnancy and ways to prevent pregnancy.

# If pregnant now ("Yes" to core Q. 61), go to Q3.

1. Have you been pregnant in the last 5 years?

a.	Yes	1
b.	No Go to Q. 3	2
	Don't know/Not sure Go to Q. 3	7
	Refused Go to Q. 3	9

Thinking back to your last pregnancy, just before you got pregnant, how did you feel about becoming pregnant?

# Would you say: Please Read

a.	You wanted to be pregnant sooner Go to Q. 3	1
b.	You wanted to be pregnant later Go to Q. 3	2
C.	You wanted to be pregnant then Go to Q. 3	3
d.	You didn't want to be pregnant then or at anytime in the future Go to Q. 3	4
e.	You don't know Go to Q. 3	7
Do not read	Refused Go to Q. 3	9

Do not read Refused Go to Q. 3

3. Thinking back to just before you got pregnant with your current pregnancy, how did you feel about becoming pregnant?

# Would you say: Please Read

	a.	You wanted to be pregnant sooner	1
	b.	You wanted to be pregnant later	2
	c.	You wanted to be pregnant then	3
	d.	You didn't want to be pregnant then or at any time in the future	4
	e.	You don't know	7
Do not read		Refused	9

If respondent had hysterectomy ("Yes" to core Q. 60) or is pregnant now ("Yes" to core Q. 61), go to Q7. If Sexual Behavior Module Q. 1 is none go to Q. 7.

4. Are you or your [fill in (husband/partner) from core Q40] using any kind of birth control now? Birth control means having your tubes tied, vasectomy, the pill, condoms, diaphragm, foam, rhythm, Norplant, shots (Depo-provera) or any other way to keep from getting pregnant.

a.	Yes		1
b.	No Go to Q. 6		2
c.	Not sexually active	Go to Q. 7	3
	Don't know/Not sure	Go to Q. 7	7
	Refused Go to Q. 7		9

9 9

	5.			cinds o							or	your	[fi	i11	in	
				Kind C	ode											
				Read O	aly i	if Nece	essary	Y								
			a.	Tubes	ied	(steri	ilizat	tion)	Go	to Q.	7		0 1			
			b.	Vasect	omy	(steril	lizati	ion) (	Go t	o Q. 7	,		0 2			
If more one, co	ode and y each	ore than	n.	c.	Pill	o to	o Q. 7							0 3		
other a		h	d.	Condom	G G	o to Q	. 7						0 4			
method			Foa	m, jell	7, CI	ream (	Go to	Q. 7					0 5			
			f.	Diaphr	agm	Go to	Q. 7						0 6			
			g.	Norpla	nt (	Go to (	Q. 7						0 7			
			h.	Shots	(Depo	o-Prove	era)	Go to	Q.	7			0 8			
			i.	Withdr	awal	Go to	o Q. 7	7					0 9			
			j.	Other	(spec	cify: _			_)	Go to	Q. 7		8 7			
				Don't	now,	/Not sı	ıre (	Go to (	Q. 7				7 7			

Refused Go to Q. 7

6. What are your reasons for not using any birth control now?

Reason Code

# Read Only if Necessary

If more than	a.	I am not having sex	0	1
one, code other and specify each	b.	I want to get pregnant	0	2
method code c.	Ιd	on't want to use birth control	0	3
	d.	My husband or partner doesn't want to use birth control	0	4
	e.	I don't think I can get pregnant	0	5
	f.	I can't pay for birth control	0	6
	g.	Other (specify:)	8	7
	h.	Don't know/Not sure	7	7
	i.	Refused	9	9

7. Where is your usual source of services for female health concerns, such as family planning, annual exams, breast exams, tests for sexually transmitted diseases, and other female health concerns?

# Would you say: Please Read

	a.	A family planning clinic [Example: a Planned Parenthood clinic] Go to Q9	1
	b.	A health department clinic	2
	c.	A community health center	3
	d.	A private gynecologist	4
	e.	A general or family physician or	5
	f.	Some other kind of place	8
Do not read these		Don't know/not sure	7
read these responses		Refused	9

8.	Have yo	ou ever used the services at a family planning c	linic?			
Example:	a.	Yes	1			
a Planned		No Go to Next Module	2			
clinic		Don't know/not sure Go to Next Module	7			
		Refused Go to Next Module	9			
9.		ng has it been since you used the services ag clinic?	at a family			
		Read Only if Necessary				
	a.	Within the past year (1 to 12 months ago)	1			
	b.	Within the past 2 years (1 to 2 years ago)	2			
	C.	Within the past 3 years (2 to 3 years ago)	3			
	d.	Within the past 5 years (3 to 5 years ago)	4			
	e.	5 or more years ago	5			
		Don't know/Not sure	7			
		Refused	9			
If F	amily p	planning Q1 is yes or Q61 is yes then go to Q. 1 Next Module	0 else go to			
10.		rage how many cigarettes did you smoke each day out you were pregnant ?	after you			
	Enter n	number of cigarettes:				
	None		8 8			
	Don't k	now/Not sure	7 7			
	Refused	l	9 9			
11.	11. A drink is 1 can or bottle of beer, 1 glass of wine bottle of wine cooler, 1 cocktail, or 1 shot of licaverage how many drinks did you have each month afout you were pregnant?					
	Enter n	number of cigarettes:				
	None		8 8 8			
	Don't k	now/Not sure	7 7 7			
Modu	Refused	9 9 9				

These next questions are about the foods you usually eat or drink. Please tell me how often you eat or drink each one, for example, twice a week, three times a month, and so forth. Remember, I am only interested in the foods you eat. Include all foods you eat, both at home and away from home.

1.	How	often	do	you	drink	fruit	juices	such	as	orange,	grapefruit,	or
	toma	to?										

		a.	Per day	1		
		b.	Per week	2		
		c.	Per month	3		
		d.	Per year	4		
		e.	Never	5	5	5
			Don't know/Not sure	7	7	7
			Refused	9	9	9
2.	Not	cou	nting juice, how often do you eat fruit?			
		a.	Per day	1		
		b.	Per week	2		
		c.	Per month	3		
		d.	Per year	4		
		e.	Never	5	5	5
			Don't know/Not sure	7	7	7
			Refused	9	9	9

3.	How o	ofte	en do you eat green salad?			
	а	ā.	Per day	1		
	b	ο.	Per week	2		
	C	С.	Per month	3		
	đ	d.	Per year	4		
	е	€.	Never	5	5	5
			Don't know/Not sure	7	7	7
			Refused	9	9	9
4.			en do you eat potatoes not including frenchs, or potato chips?	n fries,	frie	d
	а	ā.	Per day	1		
	b	ο.	Per week	2		
	C	С.	Per month	3		
	đ	d.	Per year	4		
	е	€.	Never	5	5	5
			Don't know/Not sure	7	7	7
			Refused	9	9	9
5.	How c	ofte	en do you eat carrots?			
	а	ā.	Per day	1		
	b	ο.	Per week	2		
	C	С.	Per month	3		
	đ	d.	Per year	4		
	е	€.	Never	5	5	5
			Don't know/Not sure	7	7	7
			Refused	9	9	9

6. Not counting carrots, potatoes, or salad, how many servings of vegetables do you usually eat?

Example: A serving of	a.	Per day	1		
vegetables at both lunch	b.	Per week	2		
and dinner would be two	C.	Per month	3		
servings	d.	Per year	4		
	e.	Never	5	5	5
		Don't know/Not sure	7	7	7
		Refused	9	9	9

9

# Module 21: Women's Health

1. Have you ever done a self breast exam?

Refused Go to Q. 5

These next few questions deal with the women's health screenings I asked about earlier.

-		
a.	Yes 1	

b. No Go to Q. 4Don't know/Not Sure Go to Q. 57

2. How long as it been since you last did a self breast examination?

# Read only if necessary

a.	Within the past month	1
b.	Within the past 3 months (1 to 3 months ago)	2
c.	Within the past 6 months (3 to 6 months ago)	3
d.	Within the past 12 months (6 to 12 months ago)	4
e.	More than a year ago	5
	Never Go to Q. 4	6
	Don't Know/Not Sure	7
	Refused	9

3.	How	did you learn to do a self breast examination?	
	a.	Doctor Go to Q. 5	1
	b.	Nurse Go to Q. 5	2
	c.	Other health care professional Go to Q. 5	3
	d.	Friend or Relative Go to Q. 5	4
	e.	Book, pamphlet, or video Go to Q. 5	5
	f.	No instruction Go to Q. 5	6
	g.	Other Go to Q. 5	8
		Don't Know/Not sure Go to Q.5	7
		Refused Go to Q. 5	9
4.		t is the main reason why you have never done a self mination?	breast
	a.	I don't know how to	1
	b.	Embarrassing	2
	c.	Hurts/Painful	3
	d.	Fear of finding a lump	4
	e.	I don't need to/Not necessary	5
	f.	No time/Too busy	6
	g.	Other	8
		Don't Know/Not Sure	7
		Refused	9

9 9

If Q. 5	7 is "No" then go to Q. 5.	
If Q. 5	7 is "Don't know" or "Refused" then go to Q. 7	
If Q. 5	8 is coded 3, 4, or 5 then go to Q. 6	
If Q. 5	8 is coded 1, 2, 7, or 9 then go to Q. 7.	
5. Wha	t is the main reason why you have never had a pap sm	mear test?
a.	Doctor did not suggest it/No referral Go to Q. 7	0 1
b.	Don't need one/not necessary/no symptoms Go to Q. 7	0 2
c.	Cost/No insurance/Can't afford Go to Q. 7	0 3
d.	Hurts/Painful Go to Q. 7	0 4
e.	Don't Know Where to Go Go to Q. 7	0 5
f.	No time/Too busy Go to Q. 7	0 6
g.	Fear of what it might find Go to Q. 7	0 7
h.	Other Go to Q. 7	0 8
i.	No reason Go to Q. 7	0 9
	Don't know/Not sure Go to Q. 7	7 7

Refused Go to Q. 7

6.		t is the main reason why you did not have a pap smea ing the past two years?	ar t	est
	a.	Doctor did not suggest it/No referral	0	1
	b.	I did not need one/not necessary/no symptoms	0	2
	c.	Cost/No insurance/Can't afford	0	3
	d.	Hurts/Painful	0	4
	e.	Don't Know Where to Go	0	5
	f.	No time/Too busy	0	6
	g.	Fear of what it might find	0	7
	h.	Other	0	8
	i.	No reason	0	9
		Don't know/Not sure	7	7
		Refused	9	9
7.		you know at what age a woman should start having a m ry year?	namn	nogram
		Age		
		Don't Know/Not Sure	7	7 7
		Refused	9	9

If respondent is aged 18-39 then go to next module.

If respondent is aged 40 or older and Q. 51 is "No" then go to Q. 8

If respondent is aged 40 or older and Q. 52 is coded 3, 4, or 5 then go to Q. 9

If respondent is aged 40 or older and  $\, Q. \, 52$  is coded 1, 2, 7, or 9 then go to  $\, Q. \, 10$ 

8.	Wha	t is the main reason why you have never had a mammog	can	n?
	a.	Doctor did not suggest it/No referral Go to Next Module	0	1
	b.	<pre>I did not need one/not necessary/no symptoms Go to Next Module</pre>	0	2
	c.	Cost/No insurance/Can't afford Go to Next Module	0	3
	d.	Hurts/Painful Go to Next Module	0	4
	e.	Don't Know Where to Go Go to Next Module	0	5
	f.	No time/Too busy Go to Next Module	0	6
	g.	Fear of what it might find Go to Next Module	0	7
	h.	Other Go to Next Module	0	8
	i.	No reason Go to Next Module	0	9
		Don't know/Not sure Go to Next Module	7	7
		Pefused Co to Next Module	a	a

9.		t is the main reason why you did not have a mammogram past two years?	1 (	during
	a.	Doctor did not suggest it/No referral	0	1
	b.	I did not need one/not necessary/no symptoms	0	2
	C.	Cost/No insurance/Can't afford	0	3
	d.	Hurts/Painful	0	4
	e.	Don't Know Where to Go	0	5
	f.	No time/Too busy	0	6
	g.	Fear of what it might find	0	7
	h.	Other	0	8
	i.	No reason	0	9
		Don't know/Not sure	7	7
		Refused	9	9
10.	Why	did you decide to get your last mammogram?		
	a.	Routine check-up	1	
	b.	Doctor suggested it/Doctor's referral	2	
	C.	Family or friends suggested it	3	
	d.	Breast problem (pain, lump, discharge)	4	
	e.	Radio, television, or newspaper messages	5	
	f.	Breast Cancer	6	
	g.	Other	8	
		Don't Know/Not Sure	7	
		Refused	9	

# Module 29: Social Context

These next questions are about your daily life.

1.	How saf	e from crime do you consider your neighborhood	to be? (320)
	Would y	ou say: Please Read	
	a.	Extremely safe	1
	b.	Quite safe	2
	C.	Slightly safe	3
	d.	Not at all safe	4
		Don't know/Not sure	7
		Refused	9
2.	Do you	own or rent your home?	(321)
	a.	Own	1
	b.	Rent	2
		Refused	9
3.	How lon	g have you lived at your current address?	(322)
		Read Only if Necessary	
	a.	Less than six months (1 to 6 months)	1
	b.	Less than one year (6 to 12 months)	2
	c.	Less than two years (1 to 2 years)	3
	d.	2 or more years	4
		Don't know/Not sure	7
		Refused	9

4.	4. How many close friends or relatives would help you with emotional problems or feelings if you needed it?				
		a.	3 or more	1	
		b.	2	2	
		c.	1	3	
		d.	None	4	
			Don't know/Not Sure	7	
			Refused	9	
5.			past 30 days, have you been concerned about havir r you or your family?	ng enough (324)	
		a.	Yes	1	
		b.	No	2	
			Don't know/Not Sure	7	
			Refused	9	

### Module 3: Oral Health

Reason code

1. How long has it been since you last visited the dentist or a dental clinic?

### Read Only if Necessary

a.	Within the past year (1 to 12 months ago)  Go to Q. 3	1
b.	Within the past 2 years (1 to 2 years ago)	2
c.	Within the past 5 years (2 to 5 years ago)	3
d.	5 or more years ago	4
	Don't know/Not sure Go to Q. 3	7
	Never	8
	Refused Go to Q. 3	9

2. What is the main reason you have not visited the dentist in the last year?

\_\_\_\_ Read only if necessary Fear, apprehension, nervousness, pain, dislike going 0 1 b. Cost 0 2 Do not have/know a dentist 0 3 Cannot get to the office/clinic (too far away, d. no transportation, no appointments available) 0 4 No reason to go (no problems, no teeth) 0 5 e. f. Other priorities 0 6 Have not thought of it 0 7 h. Other 0 8 Don't know/Not sure 7 7 Refused 9 9

3	tooth de	y of your permanent teeth have been removed becau ecay or gum disease? Do not include teeth lost f , such as injury or orthodontics.	
	a.	5 or fewer	1
	b.	6 or more but not all	2
	C.	All	3
	d.	None	8
		Don't know/Not sure	7
		Refused	9
4	all of y	nave any kind of insurance coverage that pays for your routine dental care, including dental insura plans such as HMOs, or government plans such as	ance,
	a.	Yes	1
	b.	No	2
		Don't know/Not sure	7
		Refused	9
5 .		currently in need of any dental services such as or partials, teeth pulled, caps, crowns, or roo	
If "Yes" probe for	a. Yes,	, fillings, caps or crowns, or root canal	1
which services	b. Yes,	, teeth pulled, dentures or partials	2
Services	c. Yes,	, both	3
	d. No		4
	Don'	't Know/Not Sure	7
	Refu	ısed	9

#### Module 17: Folic Acid

1. Some health experts recommend that women take 400 micrograms of the vitamin folic acid, for which of the following reasons...

#### Please Read

a.	To make strong bones	1
b.	To prevent birth defects	2
c.	To prevent high blood pressure	3
d.	Some other reason	4
	Don't know/Not sure	7
	Refused	9

If respondent is answers "To prevent birth defects" go to Q. 2. If the respondent is male gives gives any response but "To prevent birth defects" then skip to the Next Module. If the respondent is female gives gives any response but "To prevent birth defects" then skip to Q. 3.

2. When is it most important that a woman take the vitamin folic acid?

Would you say:

#### Please Read

a.	Before pregnancy	1
b.	During pregnancy or	2
c.	After pregnancy	3
	Don't know/Not sure	7
	Refused	9

### If respondent is male or aged 45 or older, Go to Next Module

3. Are you currently taking 400 mg of the vitamin folic acid each day?

a.	Yes	1
b.	No	2
	Don't know/Not Sure	7
	Refused	9

## Module 28: Violence and Crime

These	next	few	questions	deal	with	violence	or	crime.
			1					

1.	How af	raid are you to leave your home at night? Would you say:
		Please Read
	a.	Very afraid1
	b.	Somewhat afraid2
	c.	
	d.	or Not afraid4
		DON'T KNOW/NOT SURE7
		REFUSED9
2.		vas the last time you saw a violent crime in your orthood (someone hurting or trying to hurt someone else)?
		Read Only if Necessary
	a.	Within the past week1
	b.	Within the past month2
	c.	Within the past year3
	d.	One or more years ago4
	е.	Never5
		DON'T KNOW/NOT SURE7
		REFUSED9
3.		the past year have you known or seen anyone who was beaten erwise hurt by their husband, wife, boyfriend, or riend?
	a.	Yes1
	b.	No2
		DON'T KNOW/NOT SURE7
		REFUSED9

4.		the past five years have you been hit, slapped, p uck with an object by another person ?	ous	shed,
	A.	Yes		1
	В.	No		2
		Don't know/Not sure		7
		Refused		9
5.	Approx five y	imately how many times has this occurred during thears ?	ıe	past
	Enter	number of times:		
	None		8	8
	Do	n't know/Not Sure	7	7
I	Re	fused	9	9
		ing questions relate to the most recent time you weed, pushed, or struck with an object by another pe		
6.	Was it or wif boyfri	s the person who hit, slapped, pushed or struck yo a: Stranger; Co-worker; Friend or acquaintance; F e; Ex-husband or ex-wife; Other intimate partner i end or girlfriend; Former intimate partner including friend or ex-girlfriend; or Relative ?	Hus inc	sband cluding
	Enter	code:		
	Α.	Stranger	0	1
	В.	Co-worker	0	2
	C.	Friend or Acquaintance	0	3
	D.	Husband or wife	0	4
	E.	Ex-husband or ex-wife	0	5
	F.	Other intimate partner including boyfriend or girlfriend	0	6
	G.	Former intimate partner including ex-boyfriend or ex-girlfriend	0	7
	Н.	Relative (brother, sister, cousin, etc)	0	8
	I.	Other	0	9
		Don't know/Not sure	7	7
		Refused	9	9

7.	How ba	dly were you injured ?	
	A.	Not injured/hurt	1
	В.	Bruises	2
	C.	Cuts or scrapes	3
	D.	Broken bones	4
	E.	Internal injuries	5
	F.	Other (specify:)	6
		Don't know/Not sure	7
		Refused	9
8.	What m	edical treatment did you receive ?	
	A.	None	1
	В.	Outpatient (doctor's office, emergency room, urgent care center)	2
	C.	Hospitalized	3
	D.	Other	4
		Don't know/Not sure	7
		Refused	9
9.	Did yo	u report the incident to a law enforcement office	r?
	A.	Yes	1
	В.	No	2
		Don't know/Not sure	7
		Refused	9
10.	restr	wing the most recent incident, did you take out a aining order against the person who hit, slapped, d, or struck you ?	
	A.	Yes	1
	В.	No	2
		Don't know/Not sure	7
		Refused	9

# Module 15: Passive Smoke

1.		ng yourself, how many persons in your household are o te smokers?	current
	a.	Number of current smokers (6 = 6 or more)	
	b.	None Go to Q. 3	8
		Don't know/Not Sure Go to Q. 3	7
		Refused Go to Go to Q. 3	9
	2. How	many smoke inside the home?	
	a.	Number of smokers who smoke inside (6 = 6 or more)	
	b.	None	8
		Don't know/Not Sure	7
		Refused	9
3.	Do you	work outside the home?	
	a.	Yes 1	
	b.	No <b>Go to Q. 5</b>	
		Don't know/Not Sure Go to Q. 5 7	
		Refused Go to Q. 5	
4.		f the following best describes the policy about smokirk place?	.ng at
	a.	No smoking allowed inside	1
	b.	Smoking restricted to a few designated areas	2
	С.	Smoking allowed in most places except where posted	3
	d.	No policy regarding smoking	4
		Don't know/Not sure	7
		Refused	9

5.	A list of local smoke-free restraunts has been published Dickinson County. Have you seen this list?	ed ir
	A. Yes	1
	B. No	2
	Don't know/Not sure	7
	Refused	9

9

### Module 4: Preventive Counseling Services

Refused

The next questions are about counseling services related to prevention that you might have received from a doctor, nurse, or other health professional.

1. Has a doctor or other health professional ever talked with you about your diet or eating habits?

If yes, ask "Ab		a.	Yes,	within the past 12 months (1 to 12 months	ago) 1
	g ago	b.	Yes,	within the past 3 years (1 to 3 years ago)	2
was it:		c.	Yes,	3 or more years ago	3
		d.	No		4
			Don't	know/Not sure	7
			Refus	sed	9
2.				or other health professional ever talked wal activity or exercise?	ith you
If yes,		a.	Yes,	within the past 12 months (1 to 12 months	ago) 1
	g ago	b.	Yes,	within the past 3 years (1 to 3 years ago)	2
was it?	•	c.	Yes,	3 or more years ago	3
		d.	No		4
			Don't	know/Not sure	7
			Refus	sed	9
3.	abo	ut i		or other health professional ever talked prevention, such as safety belt use, helme ors?	
If yes,		a.	Yes,	within the past 12 months (1 to 12 months	ago) 1
	g ago	b.	Yes,	within the past 3 years (1 to 3 years ago)	2
was it?	•	c.	Yes,	3 or more years ago	3
		d.	No		4
			Don't	know/Not sure	7

	4.			doctor or other health professional ever talked rug abuse?	with you)
_	es, "Abo	. +	a.	Yes, within the past 12 months (1 to 12 months	ago) 1
how			b.	Yes, within the past 3 years (1 to 3 years ago)	2
was	IC.		c.	Yes, 3 or more years ago	3
			d.	No	4
				Don't know/Not sure	7
				Refused	9
	5.			doctor or other health professional ever talked v lcohol use?	with you)
_	zes, "Aboı	ıt	a.	Yes, within the past 12 months (1 to 12 months	ago) 1
how			b.	Yes, within the past 3 years (1 to 3 years ago)	2
			C.	Yes, 3 or more years ago	3
			d.	No	4
				Don't know/Not sure	7
				Refused	9
	If '	"No"	to	core Q. 30 or "Not at all" to core Q. 31, go to	Q. 7
	6.			doctor or other health professional) ever advised oking?	d you to
If y	yes, "Aboı		a.	Yes, within the past 12 months (1 to 12 months	ago) 1
how			b.	Yes, within the past 3 years (1 to 3 years ago)	2
Was	10.		C.	Yes, 3 or more years ago	3
			d.	No	4
				Don't know/Not sure	7
				Refused	9

# If respondent 65 years old or older, go to next module

7. (Has a doctor or other health professional) ever talked with you about your sexual practices, including family planning, sexually transmitted diseases, AIDS, or the use of condoms?

	yes, "About	a.	Yes, within the past 12 months (1 to 12 months a	3go) 1
how		b.	Yes, within the past 3 years (1 to 3 years ago)	2
		C.	Yes, 3 or more years ago	3
		d.	No	4
			Don't know/Not sure	7
			Refused	9

#### Module 26: Skin Cancer

These last few questions deal with skin cancer.

1	Have	VO11	ever	heen	t∩ld+	hv	a	doctor	that	VO11	have	gkin	cancer?
<b>-</b> •	11a v C	y O u	$C \lor C \bot$	DCCII	COIG	JO y	а	accect	ciiac	yOu	11a v C	DIZITI	carreer.

a.	Yes	1
b.	No Go to Next Module	2
	Don't know/Not sure Go to Next Module	7
	Refused Go to Next Module	9

Have you had any of the following skin cancers?:

#### Please read

		Yes	No	DK	REF
2.	Melanoma	1	2	7	9
3.	Basal cell	1	2	7	9
4.	Squamous cell	1	2	7	9
5.	Some other type of skin cancer (Specify)	1	2	7	9

### If Q. 2 is yes then go to Q. 6 else go to the closing statement.

6. How long ago was your melanoma skin cancer diagnosed?

### Read Only if Necessary

a.	Within the past year (1 to 12 months ago)	1
b.	Within the past 2 years (1 to 2 years ago)	2
c.	Within the past 5 years (2 to 5 years ago)	3
d.	5 or more years ago	4
	Don't know/Not sure	7
	Refused	9

7

### Module 27: Injury Prevention

1.	Which o	οf	the	foll	lowing	best	describes	whether	you	have	а	smoke
	detecto	or	in y	your	home?	Is :	it:					

a. I don't have a smoke detector
b. I have an installed and working smoke detector
c. I have a smoke detector, but it is not installed
d. I have a smoke detector, but it is broken or the battery is missing
or
e. I have a smoke detector but do not know if it works

Refused 9

2. When was the last time you or someone else deliberately tested all of the smoke detectors in your home, either by pressing the test buttons or holding a source of smoke near them?

#### Read Only if Necessary

Don't know/Not sure

a.	Within the past month (0 to 1 month ago)	1
b.	Within the past 6 months (1 to 6 months ago)	2
c.	Within the past year (6 to 12 months ago)	3
d.	One or more years ago	4
e.	Never	5
f.	No smoke detectors in home	6
	Don't know/Not sure	7
	Refused	9

# If respondent is aged 18 to 64 go to next module

3.	During	the past 12 months, have you fallen?	
	a.	Yes	1
	b.	No Go to Next Module	2
		Don't know/Not sure Go to Next Module	7
		Refused Go to Next Module	9
4.		the past 12 months, have you had to see a doctor you were injured when you fell?	or nurse
	a.	Yes	1
	b.	No	2
		Don't know/Not sure	7
		Refused	9

### Module 22: Prostate Cancer Screening

### If the respondent is female go to the Next module

### If the respondent is a male aged 18-39 go to the Next Module

1. A digital rectal exam is when a doctor or other health professional inserts a finger in the rectum to check for cancer or other health problems. Have you ever had this exam?

a.	Yes	1
b.	No Go to Q. 3	2
	Don't know/Not Sure Go to Q. 3	7
	Refused Go to Q. 3	9

2. When did you have your last digital rectal exam?

## Read Only if Necessary

a.	Within the past year (1 to 12 months ago)	1
b.	Within the past 2 years (1 to 2 years ago)	2
c.	Within the past 5 years (2 to 5 years ago)	3
d.	5 or more years ago	4
	Don't know/Not sure	7
	Refused	9

3.		ate-specific antigen blood test or PSA test k for prostate cancer. Have you ever had a	
	a.	Yes	1
	b.	No Go to Next Module	2
		Don't know/Not Sure Go to Next Module	7
		Refused Go to Next Module	9
4.	When di	d you have your last PSA test?  Read Only if Necessary	
	a.	Within the past year (1 to 12 months ago)	1
	b.	Within the past 2 years (1 to 2 years ago)	2
	C.	Within the past 5 years (2 to 5 years ago)	3
	d.	5 or more years ago	4
		Don't know/Not sure	7
		Refused	9

### Closing Statement

That was my last question. Everyone's answers will be combined to give us information about the health practices of people in our community. Thank you very much for your time and cooperation.